

## FACILITATORS

Our facilitators are fully trained professionals with special knowledge of the issues faced by men who have experienced trauma.

**Judith Prat, MA, MEd, RCC**, provides individual and group therapy at the Men's Trauma Centre and is a certified EMDR trauma therapist. She developed the stage one group, 'You are Not Alone: Trauma Stabilization group for men' which is effective in reducing PTSD symptoms, and a stage two group. Previously, she has managed counselling centres and the UBC Wellness Centre and taught Health Education and Promotion at the University of British Columbia.

**Susan Farr, MEd, RCC**, is a Victim Service worker at Men's Trauma Centre and shares the position with Frances Strauss who co-founded the organization in 2003. She does intake interviews with men who are new to the Centre as well as providing ongoing emotional support. Victim Services supports men in practical ways helping them to navigate their way through the criminal Justice System. Susan is also a Registered Clinical Counsellor and sees clients individually through the counselling program. Previously, Susan worked for seven years with parents and children experiencing separation and divorce.



## CANCELLATION POLICY:

30 calendar days or more notice  
Full refund minus a \$10.00 admin fee

Between 7 and 29 calendar days (inclusive)  
50% refund minus a \$10.00 admin fee

Between 1 and 6 calendar days (inclusive)  
No refund will be given

Failure to attend  
No refund given



## Workshop Location

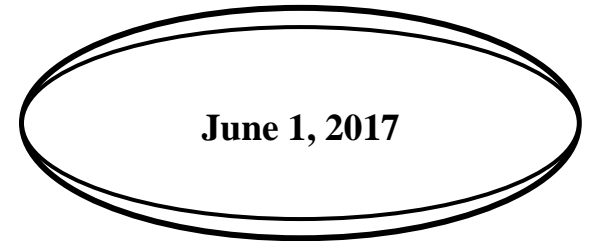
James Bay New Horizons  
234 Menzies Street, Victoria BC  
250-386-3035



Vancouver Island Men's Trauma  
Counselling Society Presents

## ***Adult Male Survivors: Understanding the Issues***

A 1 Day Workshop  
For Helping Professionals



Men's Trauma Centre:  
102 – 1022 Pandora Ave.  
Victoria, BC V8V 3P5  
Phone: 250.381.6367  
Fax: 250.381.3679

## BACKGROUND/PURPOSE

This 1-day program is designed for a variety of helping professionals. It is aimed at those who do *not* specialize in working with adult male survivors but who may encounter adult males with sexual abuse in their backgrounds. The 1-day format will provide participants with an understanding of the special issues of males who were sexually abused as children or sexually assaulted as adults. It will equip them to provide initial support that is informed, empowering and sensitive as well as to make referrals as appropriate.

## STRUCTURE

The program will combine lecture, small group discussion and structured exercises. Participants will be encouraged to examine their own values, attitudes and experiences especially in terms of how these might impact their responses to male survivors.

## WHO SHOULD ATTEND

This workshop will be of interest to family support workers, crisis workers, social workers, therapists, educators, counsellors, mental health workers and corrections personnel.

## TIME AND DATE

8:30am – 4:30pm (Thursday, June 1<sup>st</sup>)

## LOCATION

Location: James Bay New Horizons  
234 Menzies Street, Victoria BC  
250-386-3035

- ◆ Cheques are payable to :  
*Men's Trauma Centre*

## WORKSHOP CONTENT

Participants will:

- ◆ Understand the sexual abuse of males within the context of male socialization;
- ◆ Examine the current status of the laws pertaining to the sexual abuse of males;
- ◆ Analyze social myths and assumptions about the sexual abuse of males;
- ◆ Understand the basic dynamics of childhood sexual abuse and how these dynamics differ for males and females.
- ◆ Examine the impact of childhood sexual abuse on adult male development;
- ◆ Examine the relationship between sexual abuse and addiction;
- ◆ Explore the effects of sexual abuse on male sexuality and intimacy;
- ◆ Understand and know how to respond to the immediate emotional needs of male survivors who disclose their abuse in the course of receiving help for other kinds of issues.

## MEALS AND BREAKS

Light refreshments will be served during breaks and are included in the workshop fee; however, please provide your own lunch.

## Registration Form

### ***Adult Male Survivors: Understanding the Issues***

**Fees:** \$ 100.00 (if received by May 21<sup>st</sup> )  
\$ 120.00 (after May 21<sup>st</sup>)

**Student Fee:** \$ 60.00 (if received by May 21<sup>st</sup>)  
\$ 75.00 (after May 21<sup>st</sup>)

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Last Name First Name

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Position Organization

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Street/City

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Province/Postal Code

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Phone: Day Evening

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Email (please print clearly)

Please enclose a minimum deposit of \$50.00 (students \$25.00) with this application to secure your place. The balance is payable on the first day of the workshop (cash/cheques only). Or register at [adultmalesurvivors-spring2017.eventbrite.com](http://adultmalesurvivors-spring2017.eventbrite.com).

Disabilities/Special Requirements  
(please describe):

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**Send to:** *Men's Trauma Centre,*  
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Phone: 250.381.6367 Fax: 250.381.3679