



## **Men's Therapy Centre (MTC)**

Position: Contract Counsellor

Terms: Fee for Service (Part-Time Contract)

Starting Wage: \$38.00- \$40.00 per hour (dependant on years of experience)

Hours: Variable/Flexible

Location: 847 Fisgard St, Victoria, BC, V8W 1R9

Reports to: Executive Director

APPLY BY: Please send a cover letter and resume to Nick Sandor, Executive Director: [nick@menstherapycentre.ca](mailto:nick@menstherapycentre.ca). Applications are due at 5:00pm on Wednesday June 30th, 2021. Late applications may not be accepted.

### **Organization Overview**

MTC is a small, but growing non-profit organization located in Victoria BC. We are committed to providing mental health support services to all men\*, trans, gender diverse and Two-Spirit community members who have experienced trauma or abuse either in childhood or as an adult. MTC provides a range of trauma-informed services including individual counselling, group counselling, community education, outreach and victim services support. Often the men\* who access our services, come in with complex trauma experiences, including historical sexual, physical, emotional abuse. These men\* are often vulnerable community members who are under resourced and face barriers to accessing other services.

### **Job Description**

Our team of contract counsellors come from diverse backgrounds of clinical practice frameworks and experience. We have the common goal of supporting male survivors through a trauma-informed practice lens. Our contractors have flexibility with both client scheduling and caseloads and can offer person-centred counselling work through in-person or virtual counselling services.

Working as a counsellor for the Men's Therapy Centre comes with the following incentives:

- Centralized billing. You will not have to bill your own clients.
- Unlimited client sessions (some restrictions apply for subsidized counselling programs).
- Monthly clinical supervision with our in-house clinical supervisor.
- Centralized intakes through our victim services department.
- Monthly group case consult.
- Access to a diversity of trauma-informed practices and practitioners that will enhance the quality of your client care.
- Opportunities to use our space for private practice clients.
- Professional development opportunities.
- A collaborative team and learning environment.

- Relational work culture that supports connection and deeper knowing among staff (including monthly book clubs, morning meditations, and other activities).
- Additional supports for your clients through MTC operations, victim services and outreach.
- Flexible work schedule. You can schedule your own client appointments around other commitments.
- Opportunities to work in specialized trauma programming such as group therapy, youth crime prevention, and work with the Canadian Armed Forces.
- High-quality organizational commitment to countering structurally oppressive forces, including but not limited to the ongoing impacts of colonization, racism poverty, and gender-based violence.

### **Duties and Responsibilities for Contract Counsellor Position**

- Provide individual therapy to clients, as assigned by either the Executive Director or Victim Services Coordinator, in an ethical and responsible manner.
- Provide professional therapeutic support for clients in our care that meet the therapeutic needs of the client and that align with the parameters of the Society mandate. Maintain counselling practices that are deemed safe, ethical, and client-centered.
- Participate in and uphold a healthy and collaborative workplace culture.
- Adhere to counselling best practices as defined by MTC, the BCACC, CPA, and other associated regulators for counselling practitioners.
- Agree to take on new clients periodically as allocated by our Victim Services intake and assessment program.
- Commit to actively participating in monthly staff meetings, clinical supervision, clinical consultation, and periodic professional development.
- Keep all client files, data, and other information up to date, secure, confidential, and in accordance with P.I.P.A. legislation, disclosing information only within the guidelines set out in the agency, or when legally required to do so.
- Collect statistical information on the client population as required by the MTC in order to facilitate program development and evaluations.
- Schedule counselling appointments for clients.
- Maintain an average caseload of 8 client hours a week (negotiable).
- Complete administration tasks including MTC client files, informed consent forms, project reports, and case notes

- Make referrals to appropriate internal and community resources on behalf of our clients.
- Support and work in accordance with the mission and vision of the agency as outlined in our agency's bylaws and constitution.
- Opportunities to engage in the development and delivery of special projects as approved by or requested by the Executive Director or Board of Directors.

*Please be advised that this list of roles and responsibilities is not exhaustive and may be amended if both the employer and employee agree to the terms of the amendment.*

### **Education and Skill Requirements**

- Completed a Masters in Counselling Psychology and are registered with the BCACC, CPA (or equivalent).
- Proof of professional liability insurance.
- Previous experience in trauma-informed counselling and/or experience working with men in an emotional support role.
- Demonstrate an ability and willingness to reflect on your own practice and the practices of the agency.
- Knowledgeable on different therapeutic practice models and changes to these models, with an emphasis on trauma-informed practices.
- Experience working with a team of clinical counsellors.
- An understanding of how childhood abuse and adult trauma affects men and the particular barriers (individual, societal, and systemic) that men experience when requesting support.
- Passionate about working with men from diverse backgrounds bringing an inclusive attitude to working with men or anyone who identifies as a man. Understanding the many intersecting layers of discrimination and oppression that contribute to violence in our society including but not limited to; colonization, racism, homophobia, transphobia.
- Able to contribute and communicate effectively as a team member, but also work independently as a contractor.

As a counsellor for the Men's Therapy Centre (MTC) you will work with men who have experienced physical, sexual or psychological trauma as adults or children. It is a requirement that you are able to work from a trauma informed perspective and uphold the vision and mission of the MTC.

**A current criminal record check (including a vulnerable sector check) is required for this position**

*If you have any questions about other questions about the position or your application, please contact Nick Sandor (nick@menstherapycentre.ca).*

\*Men is defined as all community members that identify as a cis-man, trans-man, non-binary, gender queer, two-spirit, and all other expressions of masculine identities. We support clients that may not currently identify as a man, but may have at some point in their life journey. We recognize that gender expression is rich and diverse. Please feel free to reach out to learn more about if you are a good fit for our services or if we can help connect you with another service to support your needs.